



# GDC

GRACE DETAL WELLNESS



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## ABOUT GDC

BRING BACK THE CONTROL OVER YOUR SMILE

FOUNDED BY A UCLA GRADUATED DENTIST, GDC CALIFORNIA DENTAL AIMS TO ELIMINATE BARRIERS TO ORTHODONTICS TREATMENT AND PROVIDING THE HIGHEST STANDARD OF CARE, WE EMPOWER PEOPLE TO CHANGE THEIR LIVES STARTING WITH A SMILE THEY DESERVE.





# TEETH CLEANING TREATMENT

Scaling and Polishing 1,500-3,000 Baht

## • Stage 1 – Dental Check-up

In most cases, scaling starts from the examination. The dentist will perform a dental check-up including checking for gingivitis or other dental problems.

## • Stage 2 – Scaling.

The dentist will start removing and scaling plaque and tartar around the teeth. If there are deep deposits, your dentist will usually use local anesthesia before the procedure. There maybe slight bleeding as the plaque and tartar normally cause gum soreness and touching highly inflamed gums can cause bleeding

## • Stage 3 – Polishing

After scaling, the dentist will use the equipment for polishing. It is used to remove stains leaving teeth bright and shiny

## • Stage 4 – Flossing by dentist

When the cleaning is complete. The dentist will use dental floss to check if there is any problem in the gum area. It can cause bleeding from the gums if the gums in that area are weak.

## • Stage 5 – Rinse your mouth

You may be asked to use antiseptic mouth rinse after flossing



## Cleaning teeth with the Airflow system 2,900 – Baht /15mins

### What is Airflow treatment?

Airflow treatment is a hygiene treatment that effectively removes stains on the front and back of the teeth. The procedure works by using a fine jet of compressed air, water and fine powder particles to remove staining caused by coffee, tea, red wine, tobacco and some mouthwashes. Not only does it remove even serious staining, it can help remove heavy plaque build up. For some patients, an Air polish is most effective when it follows a routine scale and polish. Your Airflow treatment can even be a fresh flavored experience.



This process uses the natural movement of the wind and sprays out on the surface at high pressure speeds. This high-pressure guide can effectively remove stains and plaque from the surface of the teeth. The procedure is painless and quite comfortable. Airflow is a fast and efficient way to clean up stains on the surface of the teeth. This should be done by dental clinics or oral healthcare providers with expertise to prevent mistakes or injuries of the teeth or gums.



## What does the procedure involve?

**Stage 1** – Dental check-up will first be conducted by our dentists to identify areas that have stains or dirt. Your teeth will then be scaled and polished by a dentist or hygienist

**Stage 2** – Use the Airflow system to remove the stains Airflow treatment may also be done immediately before your dentist places a filling, crown, or bridge. The Airflow treatment device will be held in close proximity and moved across your teeth whilst emitting high pressured powered air. This air will be collected on the opposite end of the device with a suction tip. You may feel slight air pressure on your teeth during the teeth cleaning procedure (like the feeling of having your teeth blown dry), but you should not feel any pain. Patient comfort is our priority and our dental practice always focuses on that first.

**Stage 3** – Rinse your mouth after Airflow treatment, to wash away debris and stains



### After Care

- The patient should brush teeth at least 2 times a day, especially the gum area of the veneer to prevent gum disease
- Flossing at least 1-2 times a day
- If possible, rinse your mouth with fluoride before bedtime. Hold it in your mouth for at least 1 minute. After that, do not drink or eat within 30 mins

### \*In case of drug allergy

1. Stop the medication and seek medical attention promptly if experiencing abnormal symptoms within 1 hour or up to 2-3 days after taking medication.
2. Bring your medication for the doctor's assessment.
3. Capture images of any abnormalities for the doctor's evaluation, such as swelling of the gums, as some symptoms may occur briefly and then disappear.
4. Avoid inducing vomiting and self-administering over-the-counter allergy medication.
5. If there's a history of drug allergies, remember and inform the doctor of the specific medications you are allergic to each time you receive medical treatment.

# LED TEETH WHITENING TREATMENT



## LED Teeth Whitening Treatment 8,000 Bath

3 sessions 15 minutes each

1. LED session 3900 bath
2. LED session 6900 bath
3. LED session 8000 bath

## Teeth whitening package 18,000 bath for 3 treatment /from 24,000 bath

Teeth whitening in the clinic involves using chemical agents from the “peroxide” group to reduce the intensity of external tooth stains. Note that there is a potential risk of undesirable effects, such as tooth sensitivity. However, this tooth whitening procedure should be carried out by knowledgeable and skilled professionals, such as dentists, to prevent unwanted side effects from the use of these chemical agents on the patient’s teeth.



# SIGNATURE BRYTE SMILE TEETH WHITENING

(NON-ABRASIVE TOOTH WHITENING AT THE CLINIC)



**BRYTE: A dentist-recommended  
tooth whitening product**

the latest innovation for whiter teeth

## PAP+

The traditional tooth whitening, both at home and in clinics, often utilizes chemical reactions from the "peroxide" group, like hydrogen peroxide, to reduce external tooth discoloration. However, this may lead to undesired effects such as tooth sensitivity and irritation to the gums and oral tissues due to its abrasive nature.



**PAP+** This new substance used for tooth whitening can change tooth color up to 8 levels without the abrasive effects seen with traditional peroxide-based whiteners. Research supports that PAP+ does not erode tooth enamel or decrease tooth strength like peroxides.

**BRYTE Gel:** A teeth-whitening gel developed by dentists in the United States. In addition to PAP+, our main ingredients include substances that enhance enamel strength and reduce dehydration of the enamel surface.\*

\*Reference:  
(\*Pascolutti, M 2021, 'A Radical-Free Approach to Teeth Whitening', dentistry journey, vol.9, no.12, pp.148")



## Light Exposure vs. Teeth Whitening

Dentists often use light exposure, utilizing LED light generators, to “accelerate” the chemical reaction of teeth whitening agents, facilitating faster breakdown of color particles. The effectiveness of light exposure depends on the efficiency of the whitening gel used.

### BRYTE incorporates LED Light Exposure

BRYTE employs LED light exposure to expedite the breakdown of color particles. Coupled with a highly efficient whitening gel, this innovative formula from American dentists ensures faster teeth whitening without the risk of sensitivity. Immediately, visible results in achieving whiter teeth. and **BRYTE home whitening kits** for the continuously teeth whitening.

### BRYTE home whitening set priced at 4,000 bath



### Teeth Whitening (It takes 30 – 45 minutes)

**Stage 1** The dentist will perform dental check up. And look at the patient’s history in detail, so they will record the shade of your teeth. This is to get an idea about the degree to which your teeth have to be whitened.

**Stage 2** Some patients may need to be scaled, polished, or filled before teeth whitening

**Stage 3** The dentist will apply medication to protect the gums and the area around the teeth, including wearing special eyeglasses to protect your eyes against UV lights.

**Stage 4** After the teeth has been dried. The dentist will apply the whitening gel on the teeth

**Stage 5** .Use the Cool light to stimulate the activity of the whitener. Due to LED lights will help the whitener work very quickly and effectively.

**Stage 6** .After the whitening treatment, dentists often recommend fluoride treatment to protect the enamel from severe tooth sensitivity and evaluate the results and check if more whitening is needed.

## After Care

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To achieve maximum results and maintain the brightness. We recommended after treatment for teeth whitening:

- Avoid drinking coffee, tea, red wine.
- Avoid smoking cigarettes for 2 hours or more after the stabilization of the color.
- Clean and brush your teeth as usual, maintain mouth hygiene.
- Maintain your whiteness with a home whitening kit (if you choose).

## \*in case of drug allergy

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# PORCELAIN VENEERS

## Procedure for porcelain laminated veneers

### clinical materials used

- **Hass ceramic veneers**
- **E-max ceramic veneers**

**Step 1** Initial consultation 30 – 60 Minutes. The dentist will assess whether veneers are right for you.

- Take pictures, design your smile, choose the color, size, and shape of the veneer.
- Wax up model To see what procedures maybe required and how it look when it is finished.
- Temporary veneers is applied while waiting for the permanent ones from the laboratory.

**Step 2** Grinding and veneering takes 2 – 4 hours.

- The dentist will inject anesthesia in the area of the teeth that will be grinded in the preparation for the veneer placement.
- Grinding the surface of the teeth a little without any pain or discomfort.
- The dentist will create a custom-fitted mould. Together you must decide which color veneers best suit you.
- The dentist will craft comfortable temporary veneers for the patient and place them on their teeth while waiting for the permanent veneers.

**Step 3** Placing permanent veneers 2 – 4 hours

- Anesthetic injections before removing the temporary veneers. The dentist will evaluate the fit and shade of your new veneers beforehand.
- It must be verified that it is beautiful and satisfactory. Before permanent veneer bonding
- Dentist checks and adjustments to best suit your needs.
- After completion of placing the veneers, your dentist will make an appointment to follow up after 1-2 weeks. If the evaluation was not satisfied, it will be edited and returned within 7-14 days. The patient has to check after doing 1-3 or 6 months



### Veneer Price

- **Hass ceramic veneers**  
**16000 -20,000 bath per tooth**
- **E-max ceramic veneers**  
**15,000 20,000 bath per tooth**
- **Composite veneers**  
**5,000 – 6,000 bath per tooth**



# COMPOSITE VENEERS

Composite veneers 5,000 - 6,000 baht per tooth

## The process for Composite Veneers

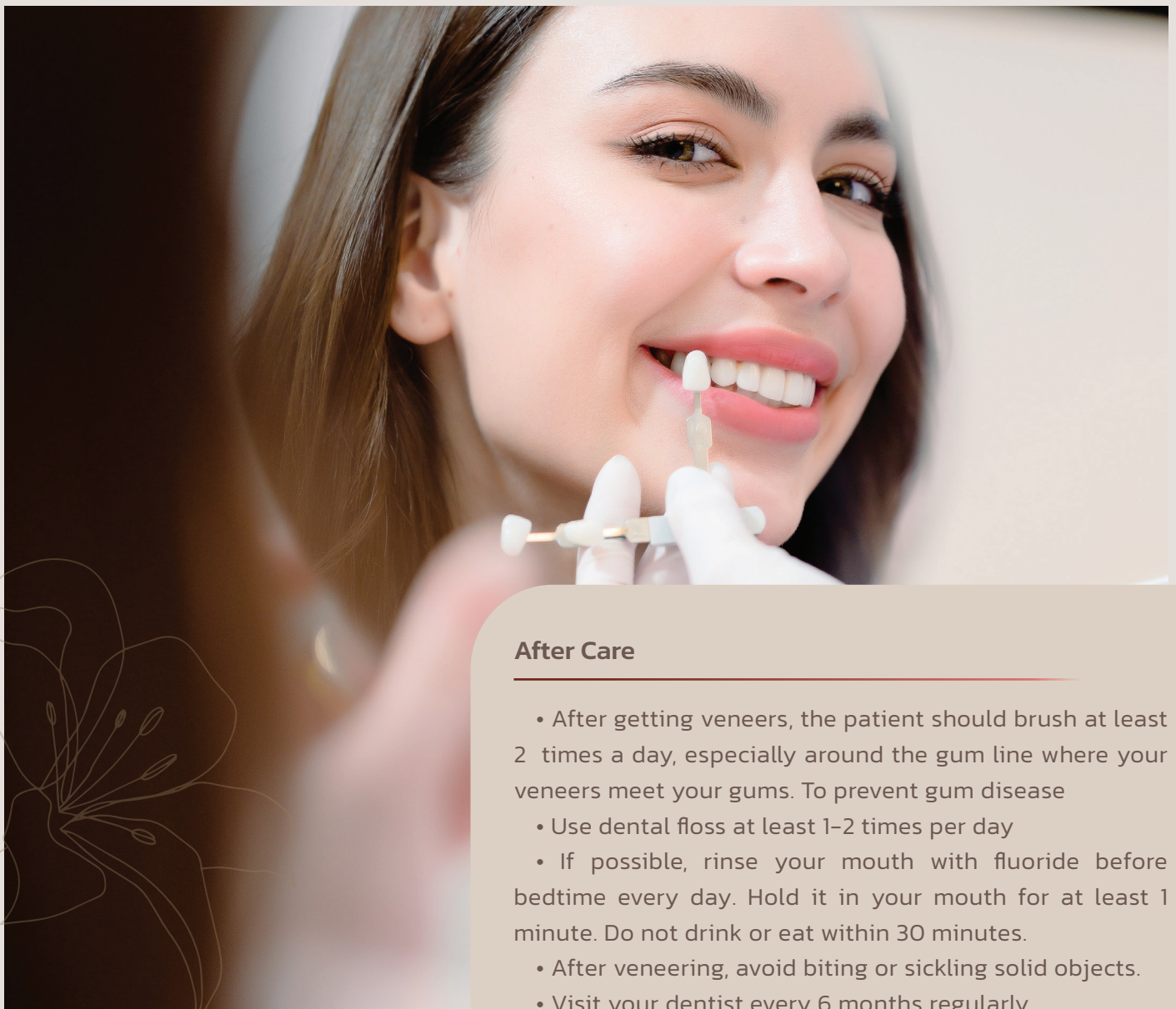
1. The dentist will diagnose and then calibrate the color to be able to choose a material that is closest to the patient's color.

2. The dentist will polish and grind the surface of your teeth to make it slightly rough. Having a rough surface means bonding resin will firmly adhere to your teeth.

3. The dentist will apply the bonding resin to your teeth layer by layer and make the shape suitable for your teeth

4. The dentist will use intense light throughout the process to cure and seal the resin.

5. The dentist achieves the final shape and color, your new veneers are polished to give a natural look



## After Care

- After getting veneers, the patient should brush at least 2 times a day, especially around the gum line where your veneers meet your gums. To prevent gum disease
- Use dental floss at least 1-2 times per day
- If possible, rinse your mouth with fluoride before bedtime every day. Hold it in your mouth for at least 1 minute. Do not drink or eat within 30 minutes.
- After veneering, avoid biting or sickling solid objects.
- Visit your dentist every 6 months regularly.









# CERAMIC DIGITAL CROWN

## Ceramic Digital Crown

20,000 – 25,000 Baht per tooth

### The process of making a dental crown

The process of making a ceramic digital crown. Able to complete within 3 appointments. It depends on the patient's health, objectives and type of the crown

### The 1st Appointment : Treatment plan by a qualified dentist

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- Consult with a specialist dentist to acknowledge the patient's problems and needs to be covered.
- The prosthodontist performs an X-ray of the patient's gums and tissues to make sure that the patient does not have any health problems. If the patient is found to have decay or root inflammation. The patient must be treated before the crown can be performed.
- The prosthodontist plans treatment. Inform treatment options Describe the treatment process. Patients participate in decision-making and can choose the shape, size, and color of the crown together with the prosthodontist.
- When the patient agrees with the plan, The prosthodontist grind the teeth to support the new crown.
- The prosthodontist make a tooth impression either through moulds or with a digital scanner CAD/CAM. A temporary crown is placed over the prepared tooth to cover and protect your tooth whilst waiting for the dental lab to delivery the crowns.



### The 2nd Appointment : crowns bonding (5-7 days after the first appointment)

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- When your tooth crown is ready, the dentist remove the temporary crown and places the crown to check the color and fit. The porcelain crowns maybe adjusted at chair side by your prosthodontist to achieve required specification. If everything is confirmed, the crown is permanently glued onto the tooth. Final adjustments made to ensure a comfortable and proper fit.

### The 3rd Appointment : Follow up and evaluate treatment

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The dentist makes an appointment to follow up on any symptoms that may arise. For example, the occlusion bite isn't good enough, sensitivity and others, as well as satisfaction assessment after treatment.

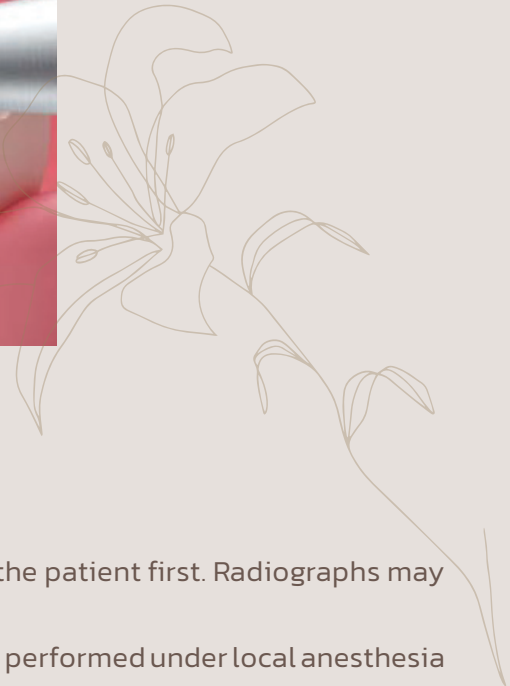
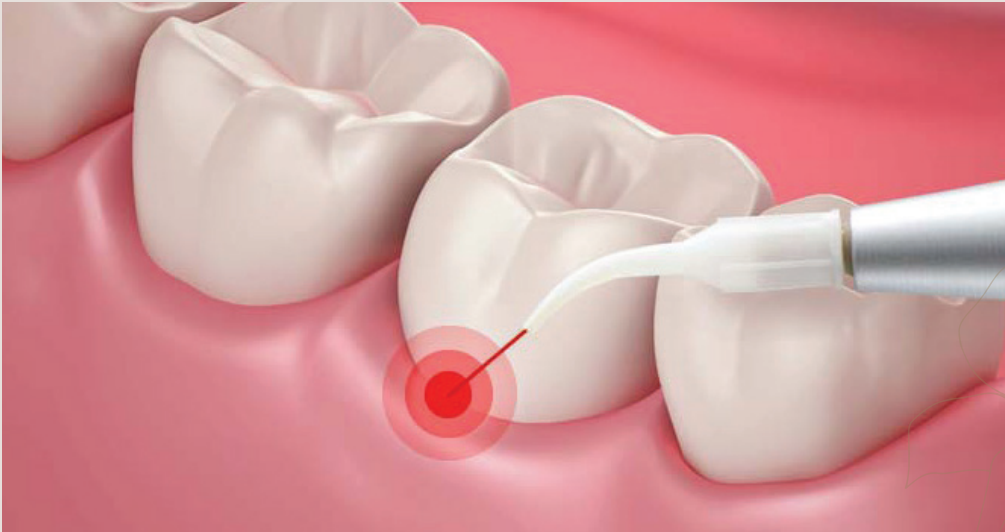




## After Care

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- Gently brush thoroughly at least 2 times a day to avoid infections.
- Avoid biting on solid food, ice
- Avoid chewing gum or sticky foods. Suggest that you eat food with an uncrowned side.
- Be careful when using dental floss. Do not touch the edge of the crown where it is attached to the gums.
- If you experience pain and swelling, take medication as directed by your dentist.
- If you have severe pain or infections, see your dentist immediately. Visit your dentist every time so that the doctor can follow up and evaluate the symptoms that may occur after the procedure.



## Crown lengthening 30,000 - 45000 bath

### Crown lengthening treatment procedure

1. The periodontist will conduct an assessment in the mouth cavity to the patient first. Radiographs may also be required in conjunction with treatment planning.
2. Gum surgery will take approximately 1-2 hours. The surgery will be performed under local anesthesia without anesthesia.
3. After surgery, sutures and bandages are placed on the gums.
4. The oral surgeon will make an appointment for a stitch removal about 1 week after the surgery date.

## Deep Cleaning / periodontal treatment

### The procedure for implant treatment. ( Periodontal disease ) (about 60 minutes of treatment )

The dentist will perform an examination along with an X-ray to conduct a diagnostic assessment. Which is why periodontal disease treatment has a different approach. It depends on the severity of the disease.

1. Scaling to remove plaque that has settled on the teeth and gum line. The dentist will scale the tartar on the teeth and the part on the root surface within the periodontal groove.

2. Root planing is the cleansing and smoothing of the root skin. To remove plaque that stick deeply into the root surface. Because of scaling a lot deeper under the gums, so it often requires anesthetic injections and scraping one by one or at a time.

3. In some cases, gum surgery may be required for the treatment. The dentist will consider using the method of gum surgery to treat many types of work. For examples, gum contouring, bone rewinding, recession of the gums or surgery to scale the tartar on the root surface very deeply, according to the dentist by asking the dentist on a case-by-case basis.

4. If periodontal disease is so severe that it is impossible to preserve it, it may be necessary to do tooth extraction. In case the teeth is very losing, the treatment with scaling and root planing have to be repeated several times because the dentist will do root planing one by one, not a whole mouthpiece. The patient must see a doctor regularly and do post-dental care as the dentist recommends





## After Care

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- Avoid brushing teeth around the surgical area. Rinse with antiseptic mouthwash and use a cotton swab to clean the wound.
- Take prescribed antibiotics to prevent infection and drug resistance.
- If experiencing pain, can take paracetamol
- Avoid activities that impact gums and teeth, such as chewing on hard food, boxing, or swimming
- Consume soft food like rice porridge or soup, and drink plenty of water to reduce bacteria accumulation in the mouth
- Avoid spicy, acidic and hard to chew foods, alcohol and smoking to prevent irritation
- Refrain from chewing ice, nuts, hard foods and crispy snacks to protect teeth and gums
- Avoid pickled or fermented foods as they may introduce contaminants to the wound



\*in case of drug allergy

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# IMPLANT (รากเทียม)

## Implant Price

- **Dentium**  
49,000-59,000 bath/teeth
- **Straumann**  
79,000-89,000 bath/teeth
- **Bone augmentation**  
per area 25,000 bath
- **sinus lift /gone graft**  
per area 25000 bath



## Procedure for dental implant

### 1. Comprehensive dental exam.

You may have dental X-rays and 3D images taken, and have models made of your teeth and jaw.

### 2. Review of your medical history.

Tell your doctor about any medical conditions and any medications you take, including prescription and over-the-counter drugs and supplements. If you have certain heart conditions or orthopedic implants, your doctor may prescribe antibiotics before surgery to help prevent infection.

### 3. Treatment plan.

Tailored to your situation, this plan takes into account factors such as how many teeth you need replaced and the condition of your jawbone and remaining teeth.

### 4. Placing the dental implant

During surgery to place the dental implant, your oral surgeon makes a cut to open your gum and expose the bone. Holes are drilled into the bone where the dental implant metal post will be placed. Since the post will serve as the tooth root, it's implanted deep into the bone. At this point, you'll still have a gap where your tooth is missing. A type of partial, temporary denture can be placed for appearance, if needed. You can remove this denture for cleaning and while you sleep.



## 5. Waiting for bone growth

\ Once the metal implant post is placed in your jawbone, osseointegration (oss-ee-oh-in-tuh-GRAY-shun) begins. During this process, the jawbone grows into and unites with the surface of the dental implant. This process, which can take several months, helps provide a solid base for your new artificial tooth — just as roots do for your natural teeth.

## 6. Placing the abutment

When osseointegration is complete, you may need additional surgery to place the abutment — the piece where the crown will eventually attach. This minor surgery is typically done with local anesthesia in an outpatient setting.

## 7. Choosing your new artificial teeth

Once your gums heal, you'll have more impressions made of your mouth and remaining teeth. These impressions are used to make the crown — your realistic-looking artificial tooth. The crown can't be placed until your jawbone is strong enough to support use of the new tooth.



## After Care

1. A liquid or soft diet is recommended for the first 24 hours after dental implant surgery. After 24 hours, you may advance your diet, but take care to avoid chewing directly on the implant site.
2. Avoid Eating hard, crunchy, or spicy foods for 1-2 months.
3. Avoid foods or drinks that are very hot or cold on the first day after surgery
4. Postoperative swelling is normal. Medications can be given continuously to reduce inflammation.
5. Avoid smoking and drinking alcohol.
6. Maintain the cleanliness as usual. Like natural teeth, brush teeth and use dental floss to remove the food that stick between the teeth
7. It is recommended to use mouthwash and rinse with disinfectant according to the doctor.
8. See your dentist regularly and follow the instructions.
9. If you have problem in sleep habit like grinding your teeth or bruxism, you should see your dentist to correct the condition.

## \*in case of drug allergy

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# INVISALIGN

The price starting from  
75,000-250,000 Bath

**Invisalign comprehensive 180,000-250,000 bath**

**Invisalign teen 200,000 bath**

**Invisalign first 180,000 bath**

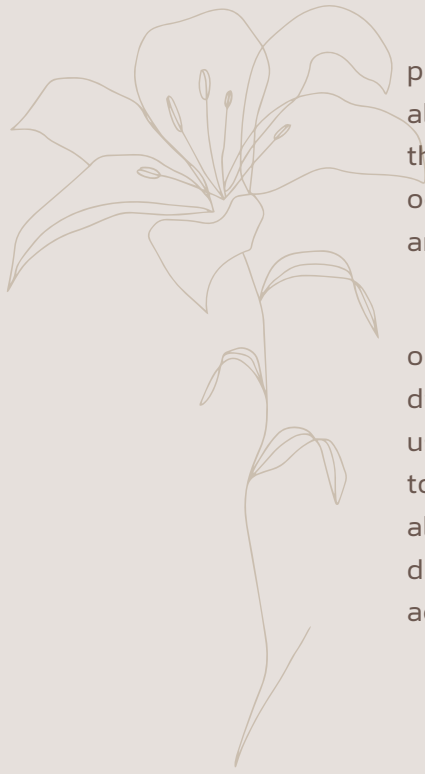
**Invisalign essential 79,000-90,000 bath**



## The procedure for Invisalign

**1. X-rays and photographs of the mouth** The Invisalign is the same as the normal braces that requires x-ray, impression of the teeth and take a photo of the face and inside the mouth to use the information to evaluate and plan the Invisalign that are suitable for each person. Including checking for root of the teeth to see abnormalities. If a problem is found, the treatment will be carried out before continuing with the mouth clearing.

**2. 3D scanning with modern technology (Itaro inner oral scanner)** The Invisalign treatment are scanned in 3D to determine the current position for planning correctly and accurately. These records are sent to the Invisalign company along with our instructions of how we want the teeth to move. In addition, it can also show the image after the treatment is finished, so that the patient can see the change even if they are not wearing the Invisalign yet. After the orthodontist has planned the treatment, they will make an appointment with the patient for the details about the number of equipment of the Invisalign and how long it is required to put on each Invisalign.



**3. Dental check up and mandatory dental treatment.** When the x-rays and photographs are done. The next step is to clear the mouth before putting the aligners. The orthodontist is the one who will check whether there are any problem that need to be done before Invisalign treatment like scaling, filling, etc. Corrosion occurs. If the patient has a wisdom tooth, it must be removed completely. If there are any problems, it must be cured before arranging the treatment.

**4. Wear your aligners** When the aligners are ready for the patient, the orthodontist will make an appointment for the patient to come in. They are all different and are meant to be worn in a specific order. Each aligner should be used for two weeks. As your treatment progresses, each new aligner will serve to bring your teeth into straighter and straighter positions. You can take out an aligner to eat or brush, but otherwise, you should basically always be wearing one during the treatment process. If you don't, your teeth movements won't progress according to plan, and as you put in new aligners, they won't fit correctly.

**(Prescription 1 aligner per 7 days )**



**5. Your orthodontist refines your smile.** When the last tray has been worn for two weeks, you might very well be done with your Invisalign, but more often than not, a few teeth might still need some adjustments. It's not rare for this to happen. We'll inspect your teeth and may get back in touch with Invisalign to order a few more "refinement" trays. Again, they might take up to a month to arrive. Invisalign expects many patients to need refinement trays and there's no additional charge for them.

**6. Maintain your smile.** You will need to wear retainers after treatment is complete to give the bones of your jaw time to solidify around your new teeth placements. Invisalign makes a product called Vivera which are similar to their other trays, but they're a little thicker and more durable. They're not meant to be changed out bi-weekly as Invisalign trays are. You can also use a wired retainer. It is essential to wear your retainer during the months immediately after treatment, but ideally you should wear a retainer a little each week for the rest of your life. Your teeth are always shifting and moving after all.





## How to wear retainers

**FIRST 3-6 MONTHS AFTER ORTHODONTIC TREATMENT** For the first 3 months after orthodontic treatment is completed, wear your retainers day and night. Only remove them to eat and brush your teeth. After three months, wear your retainer only at night. You will need to continue daily nighttime wear for as long as you want your smile to remain the same. Not wearing the trays every night forever will lead to your teeth shifting and your retainers no longer being effective.

Retainers can last up to two years. However, some people unknowingly stretch their retainers out sooner. This can result commonly from grinding/ clenching. Which over 85% of the population does, most without any knowledge or awareness of doing so. Stretched-out retainers can also commonly happen to your first tray since you will be using it 22 of 24 hours for the first three months after completing orthodontic treatment. In addition, there are numerous uncommon reasons for retainers to stretch out sooner. Such as not using your retainer daily. Any of these reasons and others can lead to teeth shifting despite using your retainer as instructed.

**EVERY 6 MONTHS** Every six months you should try on a new duplicate retainer. If the new retainers feel significantly tighter, your current set of retainers has stretched. It is time to switch into a new set before your teeth irreversibly shift.

If you only have one set of retainers, there is no way to determine if your teeth have shifted until you notice that shift. At which point, it is too late, and your smile has changed. Getting a new scan/impression for new retainers will stop further shifting but will not shift teeth back to where you were happiest with your smile.

This is why we recommend choosing multiple sets of retainers, which is four sets of retainers, with your scan, saved on file for future sets (not included).

## WHEN YOU NEED MORE RETAINERS

Please call us for more retainers when you are ready to upgrade from your single set retainer to a more secure way of protecting your smile that you have worked so hard to get. We will scan you for multiple sets of retainers

You can also let us know when you start using your last set of retainers. You don't ever want to be without a backup on hand. If you have had no major dental work and have been correctly following the instructions above, you will likely not need a new scan/impression.







## After Care

### LEAN YOUR RETAINER REGULARLY

Treat your retainers as your own teeth! Carefully scrub your retainer with a toothbrush and water after each use. Avoid brushing the retainer with toothpaste, as the toothpaste might be abrasive and cause scratches that will make it difficult to clean. Keep your retainer clean.

### AVOID HEAT ON YOUR RETAINER

Your retainer will only work if it fits properly! Your doctor will prepare it with the perfect support for your mouth, but it's up to you to make sure it stays that way. Avoid leaving your retainer in a hot environment, such as a windowsill or a hot car. It will melt or warp. Never put it in boiling water; you may think that boiling it is a great way to make it as clean as possible, but the heat will ruin it.

### SOAK YOUR RETAINER

To add extra cleaning to your retainer, try soaking it. You can buy a retainer cleaner, which comes in tablet form, or you can make your own cleaning solution by mixing 1 part of sodium hypochlorite with ten parts of water. Soak for 5–10 minutes, and your retainer will be perfectly clean.

### CAREFULLY PUT ON AND TAKE OFF YOUR RETAINER

When you put on your stand, make sure it is always on. There should be no gap between the teeth and the support. When removing it, do not twist it with your tongue or pull it to one side. Otherwise, the retainer may get damaged. Loosen your retainer in several places when you remove it and then ease it off. Do not forget to store it in its storage box!

### WEAR YOUR RETAINER OFTEN

Use your retainer as often as recommended by your orthodontist. It's best that you keep your retainer upright, so your smile stays perfect. Remember, retainers only work if you use them!

### KEEP YOUR RETAINER AWAY FROM PETS

Yes, you love your furry best friend, but they have a special ability to snack on retainers. Keep your retainer safe and away from pets at all times.

### AVOID PUTTING NAPKINS ON YOUR RETAINER

If you wrap your retainer in a napkin during meals, it may be easy for your waiter or you to throw it in the trash accidentally. To avoid getting into the bin, keep your retainer in its storage box!

### REPLACE YOUR RETAINER WHEN NEEDED

Even a well-made retainer eventually wears out. If you find that your retainer is deteriorating or behaving differently, contact your doctor. Replacing your retainer when due is an important part of maintaining your smile.

### BRUSH YOUR TEETH BEFORE AND AFTER WEARING YOUR RETAINER

Before and after putting on your retainer, brush your teeth. If you put your support on dirty teeth, your support will get dirty much faster, and it is not good for your teeth.

### KEEP YOUR RETAINER ONE SPOT

It sounds obvious, but do not lose your retainer! Always keep it in the bag when not in use and keep it out of reach of dogs or children. If you lose it, make sure you replace it.



**Dental fillings with resin material for each side cost 1,000 bath**  
**Coating to prevent tooth gaps is priced at 800 baht each**

The tooth filling procedure is not as frightening as many people think, and it takes only a short amount of time. Let's explore the steps that dentists undertake when treating tooth fillings.

- **Dental Health Examination.** Dentists examine the health of the teeth to determine the depth of cavities and whether they can be treated with fillings.
- **Nerve Reduction** If there are cavities near the tooth nerves, the dentist may administer specific anesthesia to reduce pain.
- **Deep Cavity Treatment** For cavities deep into the tooth structure, the dentist may use a material that releases fluoride to reduce tooth sensitivity.
- **Tooth Preparation** If the tooth can be treated with fillings, the dentist may remove the decayed part and prepare the tooth for the filling.
- **Filling Procedure** The dentist fills the tooth with a material that matches the tooth color. For resin fillings, a layering process with LED light is used to harden the material. The dentist shapes and polishes the filling to match the natural tooth.
- **Bite Check** The dentist checks the bite to ensure that the filling aligns properly with the existing teeth, avoiding issues such as tooth sensitivity or pain.
- **Follow-up Appointment** Patients are scheduled for a follow-up appointment within 1-2 weeks to check the condition of the filled tooth.

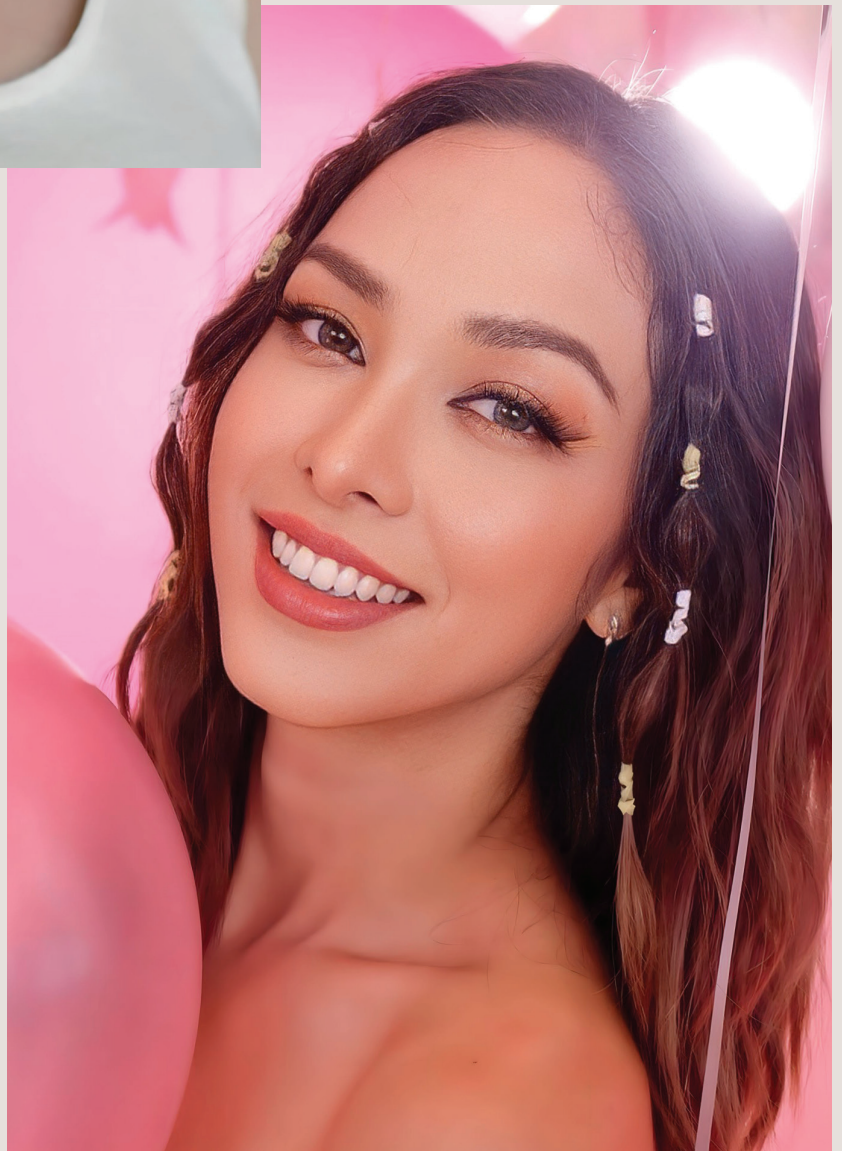
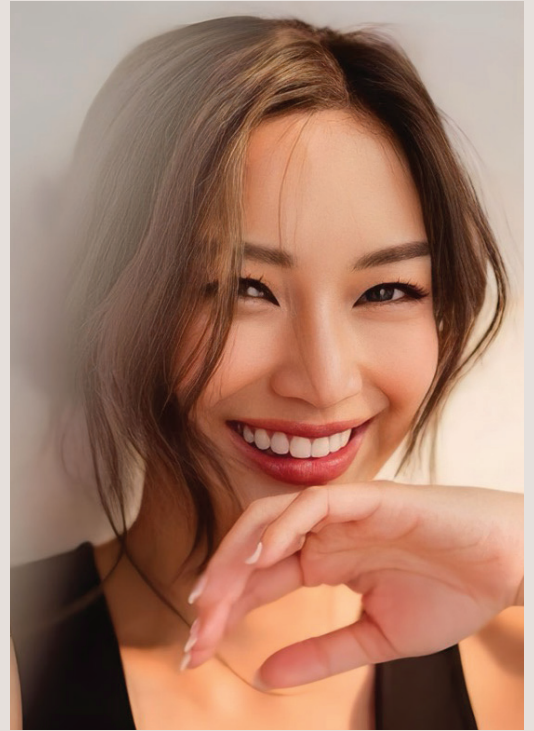
### After Care

- Brush teeth at least twice a day, especially focusing on the gumline and teeth treated with veneers.
- Use dental floss at least once or twice a day.
- Rinse the mouth with a fluoride mouthwash before bedtime for at least 1 minute, avoiding eating or drinking for 30mins afterwards





Our patients





# GDC

## RESERVATIONS

GDC DENTAL CLINIC

725 METROPOLIS BUILDING, KHLONGTAN  
NUEA, WATTANA BANGKOK, THAILAND 10110

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